



Is there 'Life' after U-10 soccer ?

YES!!

An informal exploration of soccer options
for the U11 and older player

Presented by
Coppell Youth Soccer Association



Written and Produced for CYSA:

2000 Originally written by Don Hart
2006 Updated by Declan Butterly
2009 Updated by Cassie Matheny
2010 Updated by Brandon Brown

The fine print:

This booklet is produced by Coppell Youth Soccer Association for informative purposes only. While every effort was taken to make certain all information contained within is accurate and up to date, NTSSA's website should be used as the most recently updated information available. www.ntxsoccer.org



Recreational Soccer as defined by NTSSA

A developmental program providing healthy activity, emphasizing enjoyment and development over competition.

- A program that allows kids to have fun, make mistakes, and learn.
- For the player age U5-U19 who is primarily interested in fun, fitness and friendship.
- Able to play within own community.
- Philosophy is striving to give every participant substantial playing time.

Recreational soccer remains an important option for U-11 through U-19 players. Not all kids wanting to play soccer are willing to make the commitment and/or have the ability to play competitive soccer. For these kids CYSA recreational soccer is an excellent venue.

CYSA Recreational Program

Annual Calendar

Fall Season - Mid-September through mid-November
Spring Season - Mid-February through mid-April

Tryouts

None

Registration

Typically May - July for the fall season and Nov. - Jan. for the spring season. Exact dates will be posted on the CYSA website (www.coppellyouthsoccer.com), in local papers, on signs throughout the city and in the CYSA publication, "The Goalpost."

Team Formation

Teams are formed at U-11 and can stay together thereafter. While the basis for forming any recreational team in CYSA is through a random draft, every effort is made to keep the core members of the U-10 recreational teams together when the U11 teams are initially formed. Each team needs a coach that

To access forms referenced in this publication:

Go to <http://www.ntxsoccer.org...>

Click on **FORMS...**

Click on **Youth Forms...**

Click on the form name to access individual forms.

To access NTSSA Bylaws referenced in this publication:

Go to <http://www.ntxsoccer.org...>

Click on **Resources...**

Click on **Bylaws...**

Click on **NTSSA Bylaws (PDF)**

Scroll to the specific By Law number referenced

report same, in writing, to the Youth Commissioner of NTSSA.” (For an in-depth definition of recruiting see NTSSA rule 3.10.9)

- o Parent signature acknowledging that he/she has read and understands the disclaimer.
- o Date of signature. (If player is 18 years or older, player should sign also.)

CYSA’s Select Soccer Option

CSC = Coppel Select Competitive

CYSA has developed a competitive soccer program (“CSC”). CSC teams are coached by volunteer coaches who are required to have a minimum “E” coaching license. (Each playing league has specific minimum licensing requirements which may be higher than CYSA’s.)

CSC teams are free to compete in any area select league for which they qualify.

The CYSA expects each CSC team to comply with and provide documentation of completing the select team formation rules of NTSSA. Refer to NTSSA By-law 4.9 for rules. Online, look at www.ntxsoccer.org, FORMS, Youth Forms to download necessary documents.

There are other local competitive teams/clubs that register with CYSA but are not considered CSC teams because the coaches are not volunteers.

Related Links

North Texas Soccer <http://www.ntxsoccer.org>

To view

- Lists of Select Club websitesclick on **North Texas Soccer Club or Team**
- Lists of Playing Leaguesclick on **North Texas Soccer League**
- Lists of Local Soccer Associations.....click on **North Texas Local Associations**

is a parent of player of the last season’s roster Players are placed on teams via a three tiered draft:

- o Core U10 teams are kept together and drafted randomly to attain a desirable roster of 14–18 players;
- o Individual players in the player pool are drafted by school whenever possible;
- o Blind draft for player in the pool who do not fit into the previous draft criteria.

All team formations are conducted under the direction of CYSA board members at the beginning of each season. Teams are only formed when there are enough players to fill out a roster.

During the 2009 Spring season, the CYSA had 22 U-11 and older recreational teams. See page 7 for a list of these teams.

Contracts

None. A player **MAY NOT** be on a rec and select team simultaneously.

Costs

Registration	(2009-2010 yr) \$65 per season (players residing inside CISD Boundaries) \$95 per season (all others)
Uniforms	est. \$25 to \$50

Team Roster

The maximum number of players on a roster is 18. Most teams have 14-18 players. Eleven players are on the field at a time requiring a minimum of 14-15 on a roster.

Coaching

Volunteer coaches are recruited by CYSA. Coaches are required to have an “F” license.

Playing Time

All players should play at least 50% of the time they are present at the game.

Practices

Teams practice primarily at Wagon Wheel Park. Teams practice once or twice per week.

Games

Since there are not enough older teams to have an all Coppel league, home games are played at Andy Brown West, and away games are played at the opponent's home field.

Playing League

Northern Mid-Cities Soccer League (NMCSL). NMCSL Participating Associations for the Spring 2009 season included:

- Bedford-Eules Soccer Association (BESA)
- Birdville Area Youth Futbol Alliance (BAYFA)
- Colleyville Soccer Association (CSA)
- Coppel Youth Soccer Association (CYSA)
- Eagle Mountain Soccer Association (EMSA)
- Grapevine-Southlake Soccer Association (GSSA)
- Greater Lewisville Area Soccer Association (GLASA)
- Hurst United Soccer Association (HUSA)
- Keller Soccer Association (KSA)
- Lake Cities Soccer Association (LCSA)
- North Fort Worth Alliance Soccer Association (NFWASA)
- Trophy Club-Roanoke Soccer Association (TCRSA)

Tournaments

There is no NMCSL end-of-season tournament. Teams that place first, second and third in their division for the season receive player trophies from CYSA.

The **Tournament of Champions (TOC)** hosted by North Texas State Soccer Association (NTSSA) is a recreational only tournament for U10 thru U19 age divisions.

- The CYSA top ranked team in the U10, U12, U14, U16 and U19 age divisions in CYSA are allowed the opportunity to attend the TOC representing CYSA.
- CYSA sponsors a team in each age divisions by paying the performance bond and entry fees (\$250 total).
- If the top ranked team is not able to attend, the offer is extended to the second ranked team of CYSA.
- If that team does not want to attend or there is no such team, the offer is extended to the first ranked team in the age division below.

*player who does not appear on his current **NTSSA** roster or is not considered to be a free agent by current **NTSSA** Rules and Regulations except for a coach, who at the request of another teams coach, substitutes for that coach at practice or games for the convenience of the requesting coach. A free agent is a player in the U-11 through U-19 age division who desires to participate on a competitive team and is not rostered to any team. A competitive player may practice with another team if he has received a written permission letter signed by his current coach that sets out the dates and the team with which the player will practice. The player is to give the letter to the coach of the team with which he is practicing, and he must keep a copy for himself. **NOTE:** The above does not include indoor soccer.*

3.10.2

Between August 1 of the prior soccer year and May 31 of the current soccer year, NTSSA registered players may attend soccer camps (clinics), or private lessons etc., hosted and/or coached by individuals, teams, clubs and/or organizations other than the player's current coach, team, club and/or organization as long as the soccer camps meet the following criteria:

The clinic or camp, must be available to all interested persons for each age group offered through an open invitation.

Each individual, team, club and/or organization hosting any soccer clinic or camp, etc., must require written registration of each participant that includes the following information:

- *Player's name*
- *Name, address and phone number of individual (s), team (s), club (s) and/or organization (s) affiliated with and/or hosting the clinic*
- *Name (s) of coaches at clinic*
- *Name and date (s) of clinic*
- *Name of player's current team and home association*
- *A statement signed by the player's current coach/manager stating that he or she is aware that the player is attending the camp or clinic, etc.*
- *The following disclaimer:
"Recruiting is strictly prohibited. Any person having knowledge of any player recruitment at or through this soccer clinic, camp, private lesson, etc., should*

Q: Does the club have any pre-season camps in June that are required?

Q: What is the club's position regarding outside activities?

Recruiting Issues – Competitive Teams

All competitive soccer teams in the area are governed by NTSSA's Rules and Regulations. The rules are very specific as to the allowed activities of a coach, team or club. The goal of NTSSA is to keep every team on a level playing field and to discourage any attempt by a coach, or other representative of a team or club from recruiting any players prior to May 31st.

Things to remember:

- Your child's position on a CYSA recreational team constitutes being registered on a NTSSA roster.
- It is **OK** for a player to participate with another coach in indoor soccer activities.
- It is **OK** for a coach to advertise a camp openly, or for parents to contact a coach about a camp subject to additional rules (see below).
- It is **ILLEGAL** for a coach to hold any soccer activity with a selected group of players other than his own team (the activity must be open to all players within the particular age group).
- It is **ILLEGAL** for a coach or team representative to recruit players for the benefit of a team, club or organization during a soccer camp or clinic.
- It is **ILLEGAL** for a coach to include a player in a camp or clinic without having an appropriate release (see below) signed by the player's current coach.
- It is **ILLEGAL** for a coach or team representative to initiate contact with players not on his own team.
- It is **ILLEGAL** for an indoor team to be formed with the intent of recruiting players for a competitive outdoor team.

NTSSA Rule 3.10 Youth Contracts and Releases:

3.10.1

*No coach, assistant coach, trainer, or team representative may practice any soccer related activity with any **NTSSA** registered*

U11 and older CYSA teams for Spring 2010 season

League name	Team name	Lname	Fname	Email
U11BR /U99 Boys	COWBOYS	Henry	Thomas	thenry@henry-cornell.com
U11BR /U99 Boys	DYNO-MITES	Howell	William	bill.howell@lithium.com
U11BR /U99 Boys	NIGHT HAWKS	Bailey	Ben	Ben.bailey@verizon.net
U11GR /U99 Girls	COPELL UNITED	Turchon	Richard	rich.turchon@verizon.net
U11GR /U99 Girls	HOT WHEELS	Ruxmohan	Dhansukh	ruxmohan@tx.rr.com
U12BR /U98 Boys	BLAZE	Joplin	Tommy	tommy.joplin@verizon.net
U12BR /U98 Boys	DRAGONS	Clarke	John	Johnjclarke@sbcglobal.net
U12BR /U98 Boys	FIREBALLS	Boyd	Timothy	Timothy.Boyd@TDAMeritrade.com
U12GR /U98 Girls	ANGELS	Chaffin	David	davideo35@yahoo.com
U12GR /U98 Girls	BENGALS	Ozmy	Scott	scott.ozmy@kdc.com
U12GR /U98 Girls	STRIKERS	Feole	Jeff	bxrlovers@gmail.com
U13BR /U97 Boys	COPELL ARSENAL	Roberts	Dodd	dkroberts5@verizon.net
U13BR /U97 Boys	STINGERS	Bailey	Ben	Ben.bailey@verizon.net
U13GR /U97 Girls	COPELL HEAT	Sherrill	Darci	darcis4@verizon.net
U14BR /U96 Boys	VIPERS	Mena	Andy	andy.mena@verizon.net
U14GR /U96 Girls	RED HOTS	Lason	Joel	joel.lason@verizon.net
U15BR /U95 Boys	COPELL BURNS	Hentschel	Markus	Markus.Hentschel70@gmail.com
U16BR /U94 Boys	FALCONS	Rea	Robert	r.rea@tx.rr.com
U16GR /U94 Girls	ALLIANCE	Bimmerle	Brad	bbimmerle@verizon.net;
U19BR /U91 Boys	REAL COPPELL	Johnston	Daniel	djohnston@fairwaytechnology.com



Competitive Soccer as defined by NTSSA

Programs for the more committed player.

Providing an opportunity to be selected to register on competitive teams through local Member Associations. More than 10,000 competitive players registered on 600 teams throughout North Texas. Provides the more committed U11-U19 players the opportunity to advance their skills through higher competition.

The North Texas area offers some of the highest quality competitive soccer in the country. It is not uncommon for teams from as far away as Waco, Midland, Wichita Falls and Longview to participate in local leagues. For those players who want a higher level of competition and coaching and are willing to make the commitment both financially and time wise, competitive soccer may be the place for you. Parents must assess not only their level of commitment, but just as important they must assess the abilities of their child in determining if competitive soccer is right for them.

All teams and/or clubs must abide by NTSSA rules and guidelines.

North Texas Competitive Soccer Programs

Example of the Typical Competitive Annual Calendar

Summer camps:	June
Tryouts begin:	July 1 st
Contracts are signed:	July 1 st to 10 th
Practice begins:	July 10 th
Qualifying Tournaments:	August
Fall Season:	Mid-September through mid-November
Spring Season:	Mid-February through mid-April
Tournaments:	Before and after fall and spring seasons

team managers and prospective parents to get answers to many of your questions.

Coaching:

Coaching can vary dramatically from team to team, from volunteer coaching to teams having skills coaches in addition to the team coach. The key is to find out what is right for you and your child.

- Q: Has the organization determined who the coach will be?
- Q: What is the experience of the coach (license, years coaching, experience with boys and/or girls)?
- Q: What are the commitments of the coach (other teams, outside job)?
- Q: Does the coach have a child on the team?

Financial Commitment:

Most established clubs are organized as non-profit 501(c)(3)'s with full financial disclosure available to parents. Smaller clubs, and individual teams may be organized differently.

- Q: Cost of team and what it includes:
 - Coach
 - Uniforms
 - Tournaments & travel cost for tournaments out of area
 - Practice fields and league fees
- Q: When are payments due?

Practices:

- Q: Where and when are practices?
- Q: Are additional skills training provided? At an additional cost?

Tournaments:

- Q: How many tournaments will the team participate in during the year?
- Q: Will the team be traveling out of the area for any tournaments?

Off-season:

- Q: Will the team play indoor soccer?
- Q: Will the team have any practices between the fall and spring season?

tournaments. Teams placing first and second during each season receive trophies.

Competitive teams participate in several tournaments before and/or after the league season. Many teams travel out of the area to one or more tournaments. Most of these tournaments are listed on a team's fact sheet.

Off-season

Competitive teams/clubs may participate in indoor soccer in the winter or other ongoing skills training. Many clubs offer "Academy" skills training to U-9 and U-10 players. In addition most clubs hold pre-season camps during the month of June.

Strategies and Questions

Recreational Soccer

If there is an interest in continuing to play with the same core of U-10 players, you should inquire as to what players on the team are interested in continuing, and if the coach is interested in coaching a U-11 team. When registering with the CYSA, simply indicate with what team your child played U-10. **DO NOT** try to form a team by combining several recreational teams; CYSA board members will form all teams thru the current draft procedures.

If your child would like to go into the draft for U-11's and above, fill out a green Special Request Form during the fall or spring registration process.

Competitive Soccer:

If your child is interested in playing competitive soccer, it is important that you and your child make an honest assessment of your child's playing abilities and interest as well as the various teams/clubs that are available in the area.

The best way to address both questions is to participate in one or more of the multitude of pre-select skills camps and pre-season training camps offered by the various clubs. In attending these camps you will be able to visit with coaches,

Tryouts

Each new player and some or all of the returning players (depending on the team policy) must try out for the team. Tryouts for all teams begin on July 1. The time and location for most team tryouts are posted in the "The Pitch" and on team and/or club web sites. It is recommended that a player be present for the first day of tryouts (unless arrangements are made otherwise with the coach). Some coaches require all players to be present at every tryout session. A team may have tryouts for several days until its roster is full.

Registration

The player is registered and rostered to that team from the moment the player or the player's agent signs the USYSA registration form and pays a portion of the fee to that team.

Contracts

Beginning July 1, through July 10, teams may offer contracts to players. It is a violation of NTSSA policy for teams to offer contracts or make any commitments to players prior to July 1. Players can try out for more than one team and receive more than one contract. Once a team has offered a contract, they cannot withdraw the contract prior to July 10. Contract terms are for July 1 through May 31. The contract outlines a player's commitment to a particular team and a team's commitment to a player. **In signing a contract, the teams expect the player to make soccer a priority relative to other extracurricular activities.** Please be aware that the contract does not commit the team to play the player in games.

NOTE: A player **MAY NOT** be on a rec and select team simultaneously.

Cost

The cost of competitive soccer varies greatly depending on the cost of the coach, uniforms, tournaments, cost of practice fields and league fees. The range of fees can run from a low of about \$600 to over \$3,000 per year.

Fact Sheet

Each competitive team prepares a "fact sheet" at the outset of the tryout process. The fact sheet provides information on the cost of the team, name of the coach, the league the team

intends on playing in, the cost of uniforms, and the schedule of tournaments the team intends on participating in (including travel). It is a NTSSA requirement that every player be given a copy of a team's fact sheet on the first day he or she tries out with a team. The player and a parent must sign the fact sheet acknowledging that they have read it. The signature page is turned into NTSSA and the playing league following the tryout process.

Team Roster

The maximum number of players on a roster is 16 to 18 (depending on the age group). Eleven players are on the field at a time, so you want at least 15-16 on a roster. Teams have different philosophies as to committing players to positions and allocating playing time. Please be aware only eleven can be on the field at a time and the larger the roster, the less playing time potentially for your child.

Coaching

Most leagues require a "D" license for coaches. The experience of coaches varies widely, as do outside commitments, either coaching other teams, or other jobs. An additional consideration is if the coach has a child on the team.

Playing Time

At the discretion of the coach. Competitive soccer does not guarantee playing time. There is no 50% playing rule in competitive soccer.

Practices

Most competitive teams/clubs have a permanent location where they hold practices. Teams typically practice at least twice per week. Most teams have additional skills practices.

To utilize CYSA practice fields, a select team MUST be registered with CYSA in advance. For the spring 2008 season, there were only 3 select soccer teams registered with CYSA and therefore allowed to utilize practice fields.

Games

Games are played primarily on Saturdays (some also now play

on Sundays), with one or two games during the season on a weeknight. The location of games is dependent on the league in which the team plays (see below).

Playing League

Listed below are the local competitive leagues, listed from the highest level to the lowest level. The number of divisions and the number of teams within the divisions varies each year according to the number of teams playing in each age group. Teams that do not qualify for any of the leagues below have the opportunity to play in an Open league. In the Open league, a team can play teams from anywhere in north Texas.

Boys

Classic League

- www.ccsai.org/cl_index.php

Plano Premier League

- www.pysa.org

Arlington Premier League

- www.arlingtonsoccer.vicid.net

Girls

Lake Highlands Girls Classic League

- www.girlsclassicleague.com

Plano Premier League

- www.pysa.org

Arlington Premier Invitational League

- www.arlingtonsoccer.vicid.net

Qualifying Tournament

In August, a tournament is held to determine in which league each team will play. All "new" teams and teams that don't qualify for a BYE (BYEs are determined on previous season league results) participate in the tournament that is played during the end of July and early August. After U11 teams can hold their spot in the league if they qualify for a BYE. Any team that doesn't qualify for a BYE or is new to league can qualify for a few spots in the lower division of the league.

Tournaments

The competitive leagues do not have end-of-season